



132nd Fighter Wing

Iowa Air National Guard

The e-Intake

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COMMAND COMMENTARY

Winter Wingman Day

By **Col. Drew "Toto" DeHaes**
Commander, 132nd Fighter Wing

Welcome to Winter Wingman Day 2011! Over the next two drill weekends, everyone on base will have the opportunity to participate in a 4 hour forum designed to reinforce the Wingman concept as the foundation to building resilient Airmen. What I ask of each of you is to participate and be open minded as we present the material. The highlight of the day is the use of small group discussions among co-workers to provide the skills and strategies demonstrated to strengthen resilience. The majority of our time will be focused on these small group discussions. Below, I have included some concepts from the Winter Wingman day conops.

You will hear the concept of resilience throughout the day. Resilience is the ability to withstand, recover and/or grow in the face of stressors and changing demands. We can be ready for those stressors and changing demands by continuously building our resiliency skills. Resilience encompasses the total person to include physical, mental, social and spiritual fitness.

We always talk about being a good Wingman, but the concept is not just an event. It is a culture of Airmen taking care of Airmen, 24/7, 365. Why is that important? With the demands from our civilian, military and family lives, we need a support network to help be resilient. Deficits in resilience can lead to problematic behaviors which can include suicide, alcohol misuse, family discord, violent or reckless behaviors and preventable on and off duty mishaps resulting in death or injury. Recently, we lost

one of our Wingmen to suicide. I want to do everything in my power to ensure that doesn't happen again.

Before you attend your Winter Wingman session, please take a moment to get your mind right. Be open to the information and participate in the small group discussions. If you won't do it for yourself, do it for your family, do it for your Wingman. Thank you in advance for your effort in making Winter Wingman Day a success.



COMMAND CHIEF'S COMMENTARY

Honor Guard Duty - Service Before Self

By **Chief Master Sgt. Ed Schellhase**
132d Wing Command Chief

It's sometimes hard to grasp everything and everyone it takes to get our mission accomplished. It's like a huge machine with all the gears turning, meshing and interconnecting with each other. Everyone contributes in a different way, but make no mistake, everyone's contributions are integral and greatly appreciated. Today we are asking you to continue your contributions, not only just in your AFSC but in other ways - Service Before Self.

The 132d Fighter Wing has always had an outstanding Honor Guard program, but they need your assistance. We are asking you to consider "give a little more", and participate in the 132d Fighter Wing Honor Guard. You see the Honor Guard at our awards ceremony each year and during other base events, but they are actively involved in our communities and State throughout the year. They also perform many joint ceremonies with our Army National Guard counterparts, most recently in support of our new Governor. This past summer

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COMMAND CHIEF'S COMMENTARY

Honor Guard Duty - Service Before Self

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they performed at Principal Park during the joint re-enlistment ceremony, and the list goes on. Your Honor Guard is out there in our communities looking sharp, serving proudly and representing us well.

As Wing Command Chief I've had the honor of attending the funerals of many of our past and retired members. Our Honor Guard team works closely with Offutt AFB Honor Guard supporting a limited number of funeral details. With your help they can expand this important service so that our own 132d the funeral honors they deserve.

Our sincere thanks goes out to all present and past 132d Fighter Wing Honor Guard members for your dedication. Please consider this leadership opportunity and contact our Honor Guard OIC 1st Lt Martinez at 261-8835 or our Honor Guard NCOIC MSgt Marty Smith at (515) 261-8596 for more information.

CHAPLAIN'S CORNER

Holiday season behind us, New Year's resolutions

By Chaplain (Major) Wendell K. Rome

132FW Chaplain

The Holiday season is behind us now and so many are considering what to do for a New Year's resolution. Did you know that most resolutions are broken within the first few weeks of the New Year. One reason is that so often we make resolutions that are very unrealistic with the best of intentions. This year I want to focus on something different from the standard New Year's resolution. In December, I spoke to a fellow employee at the Dayton VA whose home had burned totally down a few days earlier. He of course was very upset but saw the blessings that no one was home at the time of the fire. The week of January 3, 2011 he came back to see me really upset and hurting talking about all that he had lost, how was he going to start over, all of the memories from the old home, the financial state he was now in due to the fire. I offered a few words of encouragement to him as he struggled to have hope in his situation. I told him one simple thing in that his home though it was somewhere he had lived for a very long time had many bad memories and things that had occurred over the years that were not very uplifting. In fact, he was even trying to sell the home before it burned down. I told him that his home represented a part of his past that was now gone. Then I told him that God was trying to offer him a new beginning if he would accept and embrace it.

Philippians 3:13 "Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead". Reaching forward means that we accept the "New Beginning that we are being offered. At the end of the conversation with my friend at the VA a light bulb went off because I told him you have a beautiful family, job and fiancée and now you have been offered a new beginning, take it brother. He replied "Chaplain I get it and receive my new beginning". How about you today I know there are many situations going on with loss of employment; loss of life, family

issues but maybe this is a time where God is offering you a new beginning. Brothers and sisters we cannot change the past but we do not have to allow it to determine the future plans that God has in store for our lives. It is a new year filled with New beginnings and new possibilities and pray that you receive this opportunity. This year try something that you have been putting off that is really your passion. We would love to hear from you and any new beginnings as a result of the positive changes that have occurred in your life. Happy New Year !



AIRMAN & FAMILY READINESS

Family Readiness Newsletter Request

Want to stay on top of Family Program happenings and resources? The Airman & Family Readiness Office has a monthly newsletter containing articles related to Family Readiness Programs, scholarships, events, activities, discounts, and other family information. The newsletter is a great way to become aware of programs available to our Military Families and other events going on throughout the month. If you'd like to receive the Family Readiness Newsletter, please email a request to Amanda Wicker at Amanda.wicker@ang.af.mil.

SAVE THE DATES

Easter Egg Hunt- Hosted by the FRG
2 April at 2pm outside the Dining Facility Bldg 110

State Family Readiness Conference and Youth Symposium

15-17 April at the Holiday Inn Airport, Des Moines
Registration opens 15 February. Contact Amanda Wicker (Amanda.wicker@ang.af.mil) for additional information and registration forms.

**Get Connected
Get Involved
Get Plugged In**

You're Invited to join other 132nd Fighter Wing friends & family members to our **Family Readiness Group Networking & Planning Meeting**

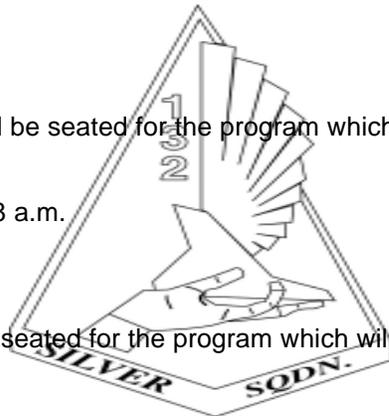
Feb 6th at 1:30pm
Dining Facility Bldg 110

Come connect with other military family members
Discuss questions and concerns related to the Wing
Receive a Wing update from one of the Top-5 Commanders
Be a part of the planning and decision making for future events
Receive informative trainings on base resources

Child care will be provided in the Family Readiness Office room 152 Bldg 110
For further info please contact Amanda Wicker at 515-261-8786 or Amanda.wicker@ang.af.mil

SILVER SQUADRON EVENTS

- Jan. 19 Regular Meeting, Viper Lounge at 7 p.m.
- Mar. 16 Regular Meeting, Viper Lounge at 7 p.m.
- May 25 Spring Social at the Machine Shed Restaurant. Please arrive by 6 p.m. and be seated for the program which will start at 7 p.m.
- May 28 Place American flags on Veteran's Graves, Glendale Cemetery. Gather at 8 a.m.
- Jul. 20 Regular Meeting, Viper Lounge at 7 p.m.
- Sep. 21 Regular Meeting, Viper Lounge at 7 p.m.
- Nov. 16 Fall Social at the Machine Shed Restaurant. Please arrive at 6 p.m. and be seated for the program which will start at 7 p.m.



DIAMOND SHARP AWARD

This Diamond Sharp Award is not just about being sharp in dress and appearance. It is about going above and beyond the standards of professionalism and expectations that are set by believing in our Air Force's Core Values. That is why in the month of January, we have selected that A1C Kyle D. LeMasters is worthy of being "Diamond Sharp". He has proven that hard work and dedication pay off by being BMT Honor Graduate, "Superior Performer" during our ORI by the IG Team and now "Diamond Sharp Award" for the 132nd Fighter Wing. He is a dedicated member of the 132nd Aircraft Maintenance Squadron. So if you see him around, congratulate him on a job well done!



1st Sgt. Robert Shepherd presents Airman 1st Class Kyle D. LeMasters with the Diamond Sharp Award. (l-r)

PEOPLE

Movin' Up

to Lt. Col.
DIDIO, MICHAEL J.

to Master Sgt.
ANDERSON, COREY R.
HAND, MATTHEW M.

to Tech. Sgt.
FULTON, CHAD M.

to Staff Sgt.
ROCHA, MARIO A.

to Senior Airman
DOUGLAS, JOSHUA M.
SCHIEFFER, DANIEL M.

LTC
MAJ
SSGT
SSGT
A1C
A1C
A1C
AB
AB

ASHLEY, KENDALL F.
LIED, ALEKSANDER M.
CROUSE, ROSCOE T.
MATLOCK, DAVID A.
HOCHSTETLER, WESLEY D.
LADURIN, JACOB J.
WIDMER, WESTON P.
JENNINGS, BROOKE S.
SPRAGUE, CONNOR D.

Movin' On

FS
FS
MXA
MXM
MXA
MXM
MXM
MXM
MXM



Tech.Sgt. Charles L. Bengé

LEGAL BRIEFS

Protect yourself from consumer fraud & identity theft!

By 1Lt Bret Lucas
132FW Legal Office

We have all heard the phrase “if it seems too good to be true, it probably is.” If an offer, price or product seems too good to be true, it is probably an attempt to make you the victim of consumer fraud.

Consumer Fraud comes in many forms including “junk” mail offers, telemarketing, and internet and email offers. These offers promising low interest loans, cheap magazine subscriptions, debt relief, and sweepstakes prizes are often attempts to get you to sign up for goods and services with hidden fees and malicious and burdensome terms. These products and services often seem legitimate on the surface, but without reading the “fine print” you may have no idea what you are getting yourself into.

If you receive unsolicited offers by mail, telephone, internet, or email that interest you, a good rule of thumb is to ignore these offers, do your own research and choose a product or service after you have done your homework.

Another side of consumer fraud is identity theft. Victims of identity theft have their personal information used by others to obtain

money, goods or services leaving you stuck with all of the bills. **NEVER** give your personal information to anyone by mail, telephone, internet, or email unless you are the one who initiated contact. Unsolicited requests for personal information are almost always attempts at identity theft.

If you feel you have been the victim of consumer fraud or identity theft, contact the Iowa Attorney General Consumer Complaint number at 515-281-5926 or 1-888-777-4590 or the Attorney General in the state in which you live. You can also check your credit every year for free at www.annualcreditreport.com to make sure no one is attempting to use your credit without your knowledge.

Consumer fraud and identity theft are on the rise and there appears to be no end in sight. Unless you take the time to educate and protect yourself, you could be the next victim.



Drugs and Alcohol use and abuse.

By Senior Master Sgt. Hector Arias
132 FW First Sergeant

The United States Air Force policy towards drug use is zero tolerance. Alcohol use for Airmen under the age of 21 is not acceptable; if this is a problem you should reconsider your choices in life. If you are 21 and older and make the responsible choice to drink, consider your other choices afterwards. Realize if you decide to drink and drive, whether you are 21 or younger and you are driving impaired, you will live with the choices made.

Your career could be adversely impacted and your banking account will more than likely be depleted. If drinking is a problem, approach a supervisor a wingman or your First Sergeant for resources and assistance. The 132 FW is family and just like your uncles, aunts, neighbors and grandparents helped out with your upbringing there are many fellow guard members that will do the same with your guard career. One thing to seriously consider is many of us are in law enforcement and the long hand of the law can and will reach out and touch you. Be smart with your choices and life will reward you make dumb choices and they will always jump up and get you.

ADVERTISED EVENTS

February

Promotions:

TBA

Retirements:

2/5– 1400 – MSgt Dennis E. McIntire - Wing Classroom



Other Events:

2/4,5,6 – Varies – Winter Wingman Day - Locations throughout the Wing

2/5– 1500 – Mission Support Group Change of Command Ceremony - Dining Facility

Colonel Jennifer L. Walter

Requests the pleasure of your company for a Change of Command Ceremony at which

Lieutenant Colonel Mark A. Chidley

Will assume command of the 132d Mission Support Group

Reception to Follow

Military Attire: Uniform of the Day

Civilian Attire: Business Casual

March

Promotions:

TBA

Retirements:

3/5 – 1500 – MSgt Michael Parker - Bldg 100, Wing Classroom

Other Events:

Note: Dates, times, locations subject to change, please call in advance.

Current as of : 20110128