



132nd Fighter Wing

Iowa Air National Guard

The e-Intake

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COMMAND COMMENTARY

Looking back and forward

By Col. Drew DeHaes

Commander, 132nd Fighter Wing

As we celebrate at our Wing Annual Award ceremony this weekend, one has to pause and reflect on the past Fiscal Year. Needless to say, we hit the ground running 1 Oct 2010 and didn't pause as we ended the year 30 Sep 2011.

We started the year with our ORI Phase 1 and ended the year with the Health Services Inspection team arriving at our base. We also threw in the COMSEC and CCZ inspections for good measure. The year of inspection is probably a good title for FY 2011. I am happy to say that we passed all our inspections, but we fell short of our goal of "Excellent" ratings. This will serve to help us refocus our efforts as we prepare for our upcoming inspections.

We also started the FY with the largest student flight population in the history of the 132d Fighter Wing. I am happy to report that our student flight numbers have dropped dramatically as we get the next round of hard chargers back from training. As we celebrate this weekend, I look forward to congratulating all our Distinguished and Honor Graduates with a Commander's Coin for a job well done!

As a Wing, we participated in numerous deployments either in preparation for real world deployments, inspections or in support of Operation New Dawn/Operation Enduring Freedom. As I write this article, we have over 60 individuals deployed around the world, with another 250 to deploy in the coming months. As we celebrate the upcoming holidays, pause to give thanks to our colleagues as they volunteer to defend our great nation.

How do we follow up such a fast paced year?? With another fast paced year of course! FY 2012 will offer as many challenges as the past year. We will deploy an Ops/MX group for the first time to Afghanistan which is a very challenging place to fly. While we will get a break from formal inspections, we will be preparing for our home station Phase 2 ORI currently slated for Sept 2013. A home station inspection offers many challenges, but with the looming federal budget issues we had no choice due to a decreased travel budget. As we begin FY 2012, there

are rumors running rampant about 2013 budget cuts, reductions in force structure, etc.

In case you have been living under a rock, the Federal Government and Department of Defense are facing some tough choices with numerous budget shortfalls. The Department of Defense has already been given a \$450 Billion dollar budget cut with another \$600 Billion possible in the coming months. What does that mean for the Air National Guard and the 132d FW? At this time we are not sure. What I do know is that the leadership of the Wing has never been more engaged with our political leaders. I have had the opportunity to personally meet with Congressman Latham and Senator Grassley to discuss the 132d FW and discuss the excellence that defines our Wing. We had the staff of each and every one of our Congressman and Senators visit the Wing for a briefing, a KC-135 flight watching our fighters refuel and a tour of our mission training center (simulator facility). They all understand what is at stake and are advocating on the Wing's behalf on the national level. We also had several area councilmen and women, business leaders and mayors attend a brief and tanker flight generating more advocacy for the Wing. While our country is faced with budget shortfalls, we are stating the case that the 132d Fighter Wing is a great value for America, the Air Force and the ANG. The President's budget for FY 13 will be released around Feb 2012. That budget will define the DOD's course of action. What can you do? You can be an advocate for the Wing by contacting your elected leaders to let them know your feelings about budget cuts to the ANG. The ANG is the best value for America and the 132d FW is the best value for the ANG, we just need to state our case. Have a great drill weekend.

More News, Photos, and



www.132fw.ang.af.mil

LEGAL BRIEFS

The Next Transition In Your Life, Deployment

By Tech. Sgt. Jacob France

132FW/Legal Office

Before deploying, make sure you can check each item below, signifying that you have thought through the below issues and taken the proper steps to shore up your legal affairs.

Will: Do you have a will or do you need to update your will? A will allows you to choose who will receive your belongings and assets after you die. A will can also be used to appoint a guardian to look after children until they become adults. If you have children, you need a will! If you have a will but you since have had children, gotten married or divorce, you need a new will.

Power of Attorney: Have you designated by power of attorney a person you trust to handle your affairs while you are deployed? A power of attorney can be very helpful when you deploy in allowing someone to take care of your financial matters back home while you focus on the mission. In order for someone to make military pay inquiries on your behalf while you're away, they will need a power of attorney signed by you. The powers of attorney prepared by the base legal office typically are good for one year. If your power of attorney has expired, you need to obtain a new one before deploying.

Need to Terminate Your Lease? Under the Service Member's Civil Relief Act, a member may cancel a residential lease if the member receives orders to deploy for 90 days or more. In

order to do so, you must provide the landlord with written notice and enclose a copy of your orders. The amount of advance notice you are required to give the landlord depends on whether you have a month-to-month lease or one for a longer specified term. In certain deployment situations, you also are allowed to terminate your automobile lease. Please see the legal office for more information.

Reduction in Interest Rate: Did you take out any loans before deployment that have an interest rate higher than 6%? If so, you may be able to get the interest rate lowered to 6% during your deployment. Please stop by the base legal office to obtain a form letter that you can use to get your creditors to reduce the interest rate on your debts.

Paying Child Support: Service members on deployment have run into trouble back home because they failed to stay current on their child support obligations while deployed. You need to make arrangements to continue paying child support during your deployment.

Your base legal office can assist you with all of the above issues. If you are facing the transition of deployment, please stop by our office as soon as possible. You'll be glad you did.



CHAPLAIN'S CORNER

Heroism

By Chaplain (Capt.) Gabriel Casciato

132FW Chaplain

Due in large part to the movie "300", a whole new generation has been introduced to the heroism of King Leonidas. For those who missed the movie and weren't paying attention in Greek history class, Leonidas was king of Sparta and fought in the Battle of Thermopylae. According to modern estimates (although the ancients claimed much higher numbers), Leonidas and his 300 Spartans (with 900 Helots, 700 Thespians, and 400 Thebans [according to Wikipedia]) held off a force of between 50,000 and 200,000 Persian invaders. While Leonidas did die in the battle, his courage was so legendary he was actually considered a god by some. When his sorely outnumbered army was asked by the Persians to put down their weapons at the start of the battle, he replied, "Come and get them!" He then held off the invasion for approximately 3 days.

How did they hold off such a superior force for so long? Tactics. They protected the strategic pass at Thermopylae. This constricted path all but eradicated the Persian advantage of numbers and forced the Persians to fight one on one. Had

Leonidas and his men rushed out into the open field to take on the whole Persian army at once, they would have been slaughtered; overwhelmed by superior numbers. But by using the terrain to force the Persians to engage in almost one to one fighting, they prevented themselves from being overwhelmed.

This is a great picture for us. We also are engaged in war. Not just the Global War on Terror, but a personal war in our minds and souls. From work stress and family worries, to past regrets and fear of the future, we also stand in danger of being overwhelmed by a "foe" with superior numbers. While this may be true, there is a tactical advantage for us. We also have a narrow path that can serve to give us that tactical edge. That is the narrow path of today. We have the option to stand in that pass and deal with the difficulties that arrive as they actually arrive. The things that *may* come tomorrow that cause us so much worry, can be put off until they arrive...if they ever actually arrive. The regrets of the past that serve to overwhelm us can be forced out of the bottleneck as we deal with the difficulties of this day. As we trust our God and take our issues one at a time, standing firmly in the narrow pass of today, instead of fighting with every difficulty at once, we find strength enough to withstand the onslaught.



PROFESSIONAL DEVELOPMENT

A Push on the Flywheel

By Senior Master Sgt. Brad Thomas
Wing Human Resource Advisor

What distinguishes great leaders? Exceptional leaders capture passion. They lead for real: from the heart, smart and focused on the future, and with a commitment to being their very best. What matters most is what one makes of the experiences along the path of learning to be a leader. It is often the traumatic and unplanned crucible events that challenge one's identity as a leader. Today's successful leader must learn how to practice while they perform and overcome the striving, strains and struggles that can become barriers to your effectiveness as a leader. Many consider leadership to be no more than staying ahead of the pack, but that is a far cry from what leadership is. Leadership is deploying others to become as good as or better than you are. Now more than ever, your success as a leader isn't just about being great in one area of your life. You've got to be a great person, performing well in all domains of your life — your work, your home, your community, and yourself. That's a tall order: To perform well as a leader you must:

Be real: Act with authenticity by clarifying what's important

Be whole: Act with integrity by respecting the whole person

Be innovative: Act with creativity by experimenting to find new solutions

True leadership is not something you grasp, but something you become. As leaders at the 132FW, we must find clear purpose in what we do, feel more connected to the people who matter most, align ourselves in the Core Values that are

the bedrock of the ANG, and generate sustainable change. Within each of us lies the potential to be an effective leader. We must uncover what "leadership-power" is inside each one of us! Finding your natural leadership potential is not an easy quest, but you must turn it into a powerful reality!

Leadership

...the capacity to influence others through inspiration motivated by passion, generated by vision, produced by a conviction, ignited by a purpose...

Flywheel Challenge: Ask yourself: "What did I do today to push on the flywheel?"

- Do you lead passionately to inspire and empower Airmen to action around the enduring values of integrity, service and excellence?
- Are you relentless in the quest to empower breakthrough in the daily pursuit to reach, to stretch, to lead?
- How do you challenge and develop Airman and create change through them?
- Which experiences in your life had the greatest impact on you?
- What experiences do you need to develop your leadership to take it to the next level?
- What defines you as a leader of powerful purpose and passion?
- Do you inspire others around a common purpose and shared values?

MENTAL HEALTH & WELLNESS

Work Life Balance

By David N. Brown, Ph.D., LMFT
Wing Director Psychological Health

Are you finding it more challenging to juggle the demands of your job and the rest of your life? If you are, you're not alone.

Here are four ways to bring a little more balance to your daily routine:

1. Build downtime into your schedule. When you plan your week, make it a point to schedule time with your family and friends and activities that help you recharge.
2. Drop activities that sap your time or energy - like spending too much time with a co-worker who is constantly complaining - or spending too much time on the internet. We need to

minimize the time spent on activities that aren't enhancing our careers or personal life.

3. Get moving. It's hard to make time for exercise when you have a jam-packed schedule, but exercise will help you get more done by boosting your energy level and ability to concentrate.
4. A little relaxation goes a long way. Slowly build more activities into your schedule that are important to you, like spending an hour a week on a hobby or planning a monthly date with your spouse - or go for a walk or listen to music. You have to make a little time for the things that you really enjoy.

For questions or assistance contact David Brown at 515-306-8015 or david.brown.ctr@ang.af.mil .

AIRMAN & FAMILY READINESS

132FW Annual Holiday Party- Friday 2 December

By Amanda Wicker

Airman & Family Readiness Program Manager

This year's Annual Wing Holiday Party will be Friday 2 December at 6:30pm in the West Hangar Bldg 100. This event is open to our Airmen, their immediate Families, State Employees and Retirees. Last year we decided to change the night of the event, which turned out to be a great success so we are going to continue to have the event on Friday evening!

Gift recommendations

*** No larger than 12"x12"x12" and cost no more than \$20**

* Print first & last name of child on a 5"x7" card and secure to gift in large bold letters (large enough to see the child's name in the photo with Santa)

* Gifts from each family should be tied together

* Bring gift(s) to the flight line lounge during the week prior to the event or you can drop them off Nov UTA in the Family Readiness Office bldg 110.

Note: ...If unable to get your gift(s) to the lounge during the UTA, please do so by 5:00 p.m. day of event

For those requiring handicap accessibility or other special needs, please contact Amanda Wicker by Tuesday 29 November. If you and your family are unable to attend the Wing Party on 2 December, please join us on 1 December (same time/place) for the Community Event with our partnership school. If we have inclement weather either of these nights, the first snow date will be 8 December (same time/place), and if that date is snowed out, the second snow date will be 9 December (same time/place).



We are also looking for volunteers to assist with the children's crafts, refreshments, and volunteers to dress up as elves for all events. Please feel free to give me a call at 515-261-8786 or email me at Amanda.wicker@ang.af.mil if you are interested in volunteering or have any questions regarding the events. Hope to see everyone there!

FIRST SERGEANT VACANCY

A first sergeant vacancy exists in the Logistics Readiness Squadron

Applicant Responsibilities:

1. Ensure you meet the below minimum qualifications to be considered for meeting the board.

2. Submit the following documentation to the Force Support Squadron to be considered for the First Sergeant Selection Board:

a. Letter of Intent (132 FW Sup 1 to AFI 36-2113, Attachment 4)

b. First Sergeant Applicant Eligibility Checklist (DSM Form 20)

c. Report of Individual Personnel (RIP - available via vMPF)
d. Current physical fitness assessment report
e. Current military resume (per AFH 33-337 *Tongue and Quill*)

3. Ensure your request is received by Major Kowalczyk or SMSgt Kiser, on or before the closing date. A detailed position description and more information can be found on the Command Chief SharePoint site.

Position: First Sergeant, SDI 8F000

Announcement Date: 14 October 2011

Closing Date: 18 November 2011

Boarding Date: Decemberr UTA.

PEOPLE

Movin' Up

to Master Sgt

ANGLICK, JANEL M.
HEDGECOCK, JACOB C.
LANG, STEVEN C.
RICHARDSON, DAVID E.J.

to Tech Sgt

CURRY, ROBERT T.
DAVIS, TIMOTHY R.
DEAN, ROBERT W.
ZAJICEK, DAVID E.

to Staff Sgt

FERGUSON, TYLER R.
JETTER, ERIC D.
LARSEN, MATTHEW J.

to Senior Airman

HORN, SHAWNE M.B.
HUTCHESON, SETH D.
KAUFMAN, JOSHUA R.
WILLIAMS, JEFFREY L.
WIRTH, TRAVIS E.

to Airman 1st Class

WHITSON, STEVEN J.

MAJ
A1C
SRA

RICKARD, JAYSON J.
KIRSCH, BETHANY A.
HANSEN, BRADLEY K.

124FS
MDG
FSS

Movin' In



ADVERTISED EVENTS

November

Promotions:

TBA

Retirements:

11/5 - 1400 - JFHQ, **SMSgt Jill Thomas**

11/5 - 1500 - Bldg. 110, Dining Facility, **TSgt John Weghorst**

11/6 - 1430 - Bldg. 110, Dining Facility, **MSgt John Thielke**

11/6 - 1430 - Bldg. 100, Wing Classroom, **MSgt Jolene Wiegmann**

Other Events:

11/5 - 1800-2100 - Bldg. 100, **Snake Pit Lounge** will be hosting musical guests "The Soul Searchers"

11/6 - 0800 - Bldg. 100, **Wing Awards Ceremony**

11/6 - 1330 - Bldg. 110 Dining Facility, **FRG Meeting**, All are welcome to attend. Childcare will be provided

11/16 - 1800 - Machine Shed, **Silver Squadron Fall Social**

December

Promotions:

TBA

Retirements:

12/3 - 1300-1500 - Bldg. 240, Computer Classroom, **SMSgt Mike Fa**

Other Events:

12/1 - 1830 - Bldg. 100, **Community Holiday Party**

12/2 - 1830 - Bldg. 100, **Wing Holiday Party**

A **Ask your buddy**

- Have the courage to ask the question, but stay calm
- Ask the question directly: Are you thinking of killing yourself?

C **Care for your buddy**

- Calmly control the situation; do not use force; be safe
- Actively listen to show understanding and produce relief
- Remove any means that could be used for self-injury

E **Escort your buddy**

- Never leave your buddy alone
- Escort to chain of command, Chaplain, behavioral health professional, or primary care provider
- Call the National Suicide Prevention Lifeline

National Suicide Prevention Lifeline:
1-800-273-8255 (TALK)

USAPHC <http://poc.amedd.army.mil/>

TA - 095 - 0510



Note: Dates, times, locations subject to change, please call in advance. Current as of : 20111101

PEOPLE

Movin' On



SMSgt Jill Thomas



MSgt John Thielke



MSgt Jolene Wiegmann



TSgt John Weghorst