



# The Intake

132d Fighter Wing, Des Moines, IA

## COMMAND COMMENTARY

### A New Kind of Deployment

**By Col. Kevin Heer**

*Vice Commander, 132nd Fighter Wing*

The deployment team has been furiously working to develop a plan for our deployment to Volk Field this June: site surveys, building schedules, assigning POCs, etc. Wing leadership is excited about the opportunity to deploy as a unit and is engaged in the planning process as well. Just thinking about warm weather and being outside has helped me cope with the cold weather this winter! Over the next few months, expect to see specific details regarding the schedule of events in monthly newsletters from the deployment team.

From those who have not been involved in the planning process, I have understandably been asked the question: Why? Since we don't fly F-16's any more, why do we need to deploy up to Volk? This is a great question, and rather than make you wait until this summer to understand why wing leadership is willing to expend a great amount of energy and resources on this deployment; I hope to build some anticipation for our Annual Training now!

Our Wing vision is: Serve Our Nation, State and Community as a **Unified** Total Force Wing! The word "Unified" is in there deliberately to remind us that although we accomplish different missions, we are and always will be one team: The 132<sup>nd</sup> Wing. Our culture of excellence and camaraderie as an organization is an attribute that has made us the world class organization we are recognized as today. It logically follows that one of Col DeHaes's Commander's Emphasis Items is **Wing Unity** with a goal of a consolidated wing AT one week per year. This deployment, and our AT in subsequent years, will be an opportunity to reinvigorate and train as a single team; working together toward excellence in all our missions.

What we will be accomplishing at Volk is just as important as the why. In addition to wing-wide events, there will be significant focus on **Leadership Development** and **Feedback** (2 more Commander's Emphasis Items). We will deliberately take time to discuss things like core values, communication, teamwork, adaptability, expectations and other topics that will help all of us be better Airmen; leading and mentoring others. We will also discuss feedback and career development, helping to link performance with Airman expectations.

Finally, this will be the first opportunity in a long time to enjoy Volk Field and the surrounding area when we are not working 14 hour days and sucking rubber for hours at a time! Daily schedules are designed to be active and engaging, with time inside and out. We are planning to finish daily events early enough to allow wing members to enjoy the surrounding area and activities. You may find that the pace of this deployment is a little slower than in the past – that is by design!

With our remission is the opportunity to fundamentally shift how we "do deployments", and the opportunity to do things that we have always known were important but never had the time to accomplish. Wing leadership is engaged and dedicated to ensure we provide high value training during our time up north. Our expectation from you is to be teachable, willing to learn and ready to engage and participate.

I look forward to seeing you all at Volk Field!

Proud to serve with you,

Hook



# CHAPLAIN'S CORNER

## True Devotion

**By Chaplain Capt David M. Doty**

*132nd Fighter Wing Chaplain*

Catholic Mass – Saturday UTA @ 1500

Protestant Worship – Sunday UTA @ 1100



Does the name Hiroo Onoda ring a bell for anybody? I would say not many people would recognize that name. Hiroo Onoda was the last Japanese imperial soldier to emerge from hiding in a jungle in the Philippines after World War II ended. He recently died at the age of 91. What makes his story interesting is that he did not surrender until March of 1974, 29 years after the war ended. He surrendered only when his former commander flew there to reverse his 1945 orders to stay behind and spy on American troops. Onoda refused to give up, despite at least four searches during which family members appealed to him over loudspeakers and flights dropped leaflets urging him to surrender. In his formal surrender to Philippine President Ferdinand Marcos, Onoda wore his 30-year-old imperial army uniform, cap and sword, all still in good condition. He only surrendered when the Japanese government heard he was still in the Philippines "on duty" and sent his original superior officer, Maj Yoshimi Taniguchi, to deliver his surrender order in person. In an interview with the Associated Press in 1995 he said this, "I don't consider those 30 years a waste of time, without that experience, I wouldn't have my life today." He also said in that interview, "I do everything twice as fast so I can make up for the 30 years."

Even though this is an incredible story of devotion it does not compare to the devotion (faithfulness) God has for you. Here are some Scriptures to ponder and meditate on about God's devotion to you: **Deuteronomy 32:4** - He is the Rock, his works are perfect, and all his ways are just. **A faithful God** who does no wrong, upright and just is he. **1 Thessalonians 5:24** - The one who calls you is **faithful** and he will do it. **2 Thessalonians 3:3** - But **the Lord is faithful**, and he will strengthen and protect you from the evil one. So remember, God is faithful (devoted) to you, don't give up on God.

## LEGAL BRIEFS

### Tax Time 2014

**By Capt Bret Lucas**

*132nd Fighter Wing / JA*

That's right; it is everybody's favorite time of year. Tax Season! Here are a few things to keep in mind for the upcoming filing season:

#### 1. Get ready to wait

The IRS is claiming that the government shutdown has put them behind schedule this year. If you are looking forward to a refund check this year, many sources are reporting that those refunds may be somewhat delayed. The claim is that during the shutdown, tax legislation was delayed thus giving the IRS less time to prepare for all of the rules applicable to your filing.

#### 2. Start now

Begin gathering all of the documentation you will need to file your taxes. Don't miss out on a big deduction, or underpay your taxes because you procrastinated and can't find the information you need.

#### 3. Avoid the dreaded audit

**CHECK YOUR MATH-** The most common reason for an audit (and most preventable) is filing your return with math errors. Take realistic deductions. Just because you spent money, it does not mean you get to take a deduction. If you question a deduction, check the IRS website or call a tax professional. File an electronic return. According to the IRS, the error rate on a paper return is 21%. The error rate on an electronic return is .5%. Let a computer do the heavy lifting for you. Happy filing!



# MENTAL HEALTH & WELLNESS

## 14 Habits of Highly Miserable People

By David N. Brown Ph.D., LMFT

Wing Director of Psychological Health



We have all heard about the book by Stephen Covey describing *The Seven Habits of Highly Effective People*. It's full of proven advice on taking control of your life, self-renewal, and being proactive - things we **should** do. However, I recently found an article, written by Cloé Madanes, describing the **14 Habits of Highly Miserable People**. It's full of proven techniques to make yourself miserable – things we **should not** do. To help us to avoid such misery, I will briefly review some of these habits.

- Practice Sustained Boredom – Cultivate the feeling that everything is predictable, that life holds no excitement, or no possibility of adventure. Complain about how bored you are. Consider provoking a crisis to relieve your boredom – go on a spending spree, quit your job on a lark, have an affair.
- Pick Fights – This is an excellent way of ruining a relationship with a romantic partner. Text or phone your partner at work to express your issues or disappointments. Once and awhile, unpredictably pick a fight over something trivial (see also provoking a crisis) and make unwarranted accusations - ideally in public.
- Find a Romantic Partner to Reform – Make sure you fall in love with someone with a major defect (gambler, chronic substance abuser, hoarder, sociopath), and set out to change him or her for the better. Believe you can make a change and ignore all evidence to the contrary.

Blame Your Parents – Blaming your parents for your shortcomings and failures is among the most important steps toward misery. You can also extend the blame to other people from your past: college professors, that teacher who yelled at you in the cafeteria, or your first girlfriend or boyfriend. Blame is an essential art to being miserable.

Again, these are some of the things we **should not** do if we want a joyful and happy life. However, if you find yourself caught in one of these habits, David Brown, Director of Psychological Health can be contacted at 515-306-8015 or at [david.brown.ctr@ang.af.mil](mailto:david.brown.ctr@ang.af.mil).

Source: Madanes, C. (2013). The 14 habits of highly miserable people: How to succeed at self-sabotage. *Psychotherapy Networker*, pp. 43-45, 60.

## WHAT'S FOR LUNCH?

Saturday		Sunday	
8-Feb		9-Feb	
1100-1300		1030-1230	
Saturday Main Line	Saturday Short Line	Sunday Main Line	Sunday Short Line
Chicken Cacciatore	Breaded Pork Tenderloin Sandwich	Catfish / BBQ Ribs	Chicken Philly Sandwich
Stir Fry Beef & Broccoli	Onion Rings	Parmesan Cauliflower	Tater Tots
Rice	Cookies	Carrots	Cup Cakes
Mixed Veg's & Carrots		Parsley Potatoes	
Dinner Roll / Cookies		Cheddar Biscuit	
Entrée comes with side , dessert, salad bar and beverage. Non-AGR Enlisted meals are at no cost. Officer/AGR/Civilian meal cost is \$4.60.			

# PEOPLE

## Moving On

TSG	KNUDSEN, MICHAEL D	TRNS FLT	31-Jan-14
SSG	NEWMAN, DEREK C	TRNS FLT	31-Jan-14
SRA	HOLLAND, SAMUEL L, JR	TRNS FLT	21-Jan-14
SRA	MEYER, ADDI K	FSS	15-Jan-14
SRA	OOSTVEEN, ANNEMIEKE K	IG	26-Jan-14

## Promotions

Pierce, Todd D	Lt Col	20-Dec-13
Kiser, Kimberly S	E-9	15-Jan-14
Mulligan, Timothy J.	E-9	1-Feb-14
Wagner, Dane W.	E-9	1-Jan-14
Budler, Cynthia M	E-8	1-Feb-14
Roby, Christina M	E-8	1-Feb-14
Warden, Randy L.	E-7	15-Jan-14
Kuennen, Bradley D.	E-7	1-Feb-14
Elmquist, Kirk N.	E-6	1-Feb-14
Vandermolen, Kara L.	E-6	1-Feb-14
Lorton, Nicole G.	E-5	1-Feb-14
Baldwin, Ashlie A.M.	E-4	1-Feb-14
Mezera, Kortney M.	E-2	1-Feb-14



Integrity first  
Service before self  
Excellence in all we do

## Moving In

SRA	DOTZENROD, PHILLIP A.	232 IS	5-Jan-14
A1C	BATHA, BROOKE H.	FSS	11-Jan-14
A1C	DEVENS, MARCUS R.	CF	11-Jan-14
A1C	FALLIS, REBECCA S	MDG	11-Jan-14
A1C	PIEPHO, CHRISTOPHER J	233 IS	10-Jan-14
A1C	SCHROEDER, LEAH R	FSS	11-Jan-14
A1C	STOCKFISH, JAMES J	233 IS	11-Jan-14
AB	MAY, CHELSEA J	FSS	8-Jan-14



# AIRMAN & FAMILY READINESS

## Newcomer's Brief

**By Shalee Torrence**

*132nd Fighter Wing Family Readiness*



I look forward to speaking to all the new Airmen of the 132d at the Newcomer's Briefing this Sunday morning, 9 February during UTA. The airman and family readiness program currently sends a welcome packet to the family's home address of new members to the unit. However, I would encourage members new to the wing to invite their family members to this briefing to learn more about the Iowa Air National Guard and I would be happy to meet with families.

I also wanted to highlight the latest joint program- "Military Family Connections". In a joint effort between the Army and Air family programs, the Iowa National Guard Child & Youth Program recently started offering monthly events for families from all military branches. Every 2<sup>nd</sup> Thursday of the month, unless otherwise stated, will be a Military Family Connection Night in Iowa. Each event will incorporate a potluck style meal, learning and family fun for all ages.

February's event will be held on Thursday, **February 13<sup>th</sup> from 5:30-7:30p.m. at Joint Force Headquarters, located at 6100 NW 78<sup>th</sup> Ave., Johnston, IA 50131.** The activities planned for this event will revolve around leadership and citizenship and will provide parents and youth a chance to communicate and work as a team. At this event you can expect to take part in a number of teamwork challenges and then wrap up the evening with a number of fun games.

These events are a great opportunity to connect and meet other military families across Iowa. It also is a good time to bond with your family and learn about the programs that exist within the Iowa National Guard Family Programs. Activities and locations at future events may change; a monthly flyer will be sent out through the family email distribution list and will also be posted on the Iowa National Guard Warrior & Family Programs Facebook page.

If you are interested in attending and for more information or to be added to the email listing, please contact me at phone number: 515-261-8786 or at email: [shalee.torrence@ang.af.mil](mailto:shalee.torrence@ang.af.mil).



# JOB OPPORTUNITIES



## 124<sup>th</sup> ATKS URT Application

### Who Can Apply:

\*\*\*\*\* Current on Board Fulltime 132FW Members interested in a DSG RPA Pilot Position\*\*\*\*\*

### To apply, applicant must meet the following minimum requirements:

1. Four year college degree (Bachelors) *By May 30th 2014*
2. GPA of at least 2.1
3. AFOQT scores of: Pilot - 25, Navigator - 10, Academic Aptitude – No Minimum, Verbal - 15, Quantitative - 10
4. Test of Basic Aviation Skills (TBAS) results
5. Enter flying training before (32 years of age if currently in military, 30 years of age non-prior service)
6. Physically able to pass the Flying Class 1 physical
7. United States Citizen
8. Capable of obtaining & maintaining a Top Secret security clearance (primarily clean criminal record, financial record (not too much debt), driving record, no substance abuse, etc.)
9. Selectee will be required to attend training for AFSC 18X

### Pilot Training application must consist of:

1. Cover letter
2. Resume consisting of a chronological statement of military/civilian experience & education
3. Transcripts of all college work
4. Minimum of 3 letters of recommendation
5. AFOQT test scores
6. Test of Basic Aviation Skills (TBAS) results

### Timeline:

- \*URT application due into the 124th Attack Squadron no later than Friday February 22, 2014
- \*The most qualified applicants will be eligible for an interview.
- \*The URT interview board will be held on Saturday March 1, 2014

Please scan your complete application and email it to Lt Col Todd Miller at [todd.miller.4@ang.af.mil](mailto:todd.miller.4@ang.af.mil)  
 Contact Lt Col Travis (Lloyd) Crawmer at [travis.crawmer@ang.af.mil](mailto:travis.crawmer@ang.af.mil) with questions.



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### New Des Moines Exchange Hours Starting January 6th, 2014

Monday.....	1000 - 1400
Tuesday.....	0900 - 1500
Wednesday.....	0900 - 1500
Thursday.....	0900 - 1500
Friday.....	0900 - 1500
Saturday.....	Closed
Sunday.....	Closed



# COMMUNITY ACTIVITIES

Date: 2.13.2014  
Thursday  
Time: 5:30 to  
7:30 pm  
Place: JFHQ

LEADERSHIP.CITIZENSHIP.COMMUNITY.CRAFTS.



## Child & Youth Program

Presents  
**Monthly Military Family Connections**



February's MMFC revolves around leadership and citizenship. This event for military families will provide parents and youth a chance to communicate and work as a team. At this event you can expect to take part in a number of teamwork challenges.

We will then wrap up the evening with a number of fun games. Bring a side dish for the meal and a collection of pop can tabs if you can, otherwise there will be some provided.

RSVP Appreciated-Open House Format



Stan Stout  
Lead Child & Youth Program  
Coordinator  
O: 515.252.4040 | M: 515.689.2617  
[stanley.s.stout@mail.mil](mailto:stanley.s.stout@mail.mil)

Chris Cox  
Child & Youth Program Coordinator  
O: 515.727.3064 | M: 515.943.1751  
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## HOME BASE IOWA

### Home Base Iowa Act

To make Iowa the leader in respect and support for veterans, the Home Base Iowa Act contains the following provisions:

***Military Pension Income Tax Exemption.*** The Home Base Iowa Act would fully exempt military pensions from state income tax, putting Iowa on more equal footing with states such as Florida and Texas, and our Midwestern neighbors such as Illinois, Kansas, Michigan, Missouri, Ohio, South Dakota and Wisconsin. It is projected this provision will have a fiscal impact of approximately \$10 million per year.

***Military Homeownership Assistance Program.*** This Iowa Finance Authority program provides \$5,000 of down payment or closing cost assistance to eligible veterans. Since January 2009, the program has leveraged over \$178 million of home purchases through FY13. General Fund support of the program is increased by \$900,000 to a total of \$2.5 million.

***Permissive Veterans Preference.*** Under current law, the State of Iowa and its subdivisions provide veterans preferential treatment in hiring decisions. The Home Base Iowa Act will clarify that it is legal for private businesses to do the same.

***Occupational Licensure.*** Veterans are some of the most highly-trained and highly-skilled individuals in the world. Our occupational licensure laws should recognize this fact. The Home Base Iowa Act will direct each of Iowa's occupational licensing boards to adopt rules allowing credit for military training and experience in the licensing process. Further, each board must adopt rules easing licensure restrictions on spouses of military veterans. These recommendations are consistent with the policies encouraged by the White House's Joining Forces initiative.

***License Plates.*** The Home Base Iowa Act would allow eligible applicants to be issued veterans-related license plates (such as Purple Heart, Bronze Star, and Gold Star) for free. Veterans will continue to pay applicable vehicle registration fees.

***Education.*** Governor Branstad is calling on the State Board of Education to create a uniform policy granting automatic in-state tuition to veterans, their spouses, and their dependents at Iowa's community colleges. The Regents universities already have such a policy in place. The Governor will also convene stakeholders from the community colleges, Regents universities, private colleges and universities, and the veterans community to develop consistent policies for awarding academic credit for military training and experience.

