



## COMMAND COMMENTARY

### You Have Survived!

**By Col. Shawn D. Ford**

*Commander, 132d Wing*

Congratulations, you have survived one year with me as the Commander of the 132d Wing. In all seriousness, I am constantly amazed at your dedication, hard work, and what you are able to accomplish. I was privileged to have 20 minutes of Chief Master Sgt. Brush's (Senior Enlisted Advisor for the National Guard Bureau) time bragging about our Wing. Unfortunately, there was so much to say that I took 30 and delayed his arrival to the dining facility town hall (I'm sorry for all those who had to wait).

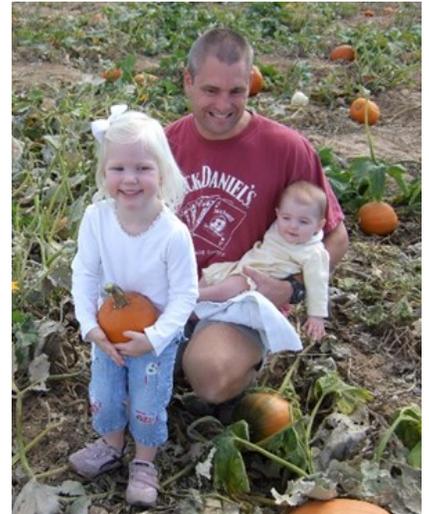
I don't think a day has gone by where I haven't learned something on the job and I'm extremely thankful for a Wing full of Airmen that make my job easy and enjoyable. As you may have already noticed, I enjoy getting involved and learning from experiences; however, probably one of the most frustrating times for me is when I end up making the same mistake twice. I got this trait from being a fighter pilot where we were taught to make the most of every drop of gas; so you learn from every mistake and adjust so that you don't make it again.

Unfortunately, I recently re-learned a lesson I learned back in 1997. I forwarded some unverified information from social media that I received through email. You can imagine how this scenario goes...the information I sent forward was false. Spreading false information can be worse than no information at all, and I sent out a correction as soon as I found out. So why is this a big deal to me? I do not take for granted the level of trust you put into me as your Commander, and I jeopardized that trust with my poor decision. I'm extremely sorry for those that received the initial email, and I pledge that this will not happen again.

On a separate note, it looks like we have made some progress with the airport lease situation. On Tuesday, 20 September, the US House of Representatives passed H.R. 5944 which states any airport that supports military aircraft either at the airport or *remotely from the airport* will not impact Federal Aviation Administration (FAA) grants for the airport. This same bill is being presented to the Senate for vote, and we are hoping for the same results. Once it passes the Senate, it will move on to the President for signature. We really believe this is a win-win situation for us and our airport; we get to continue with our reduced lease rate and the airport is still qualified for FAA grant money. Keep your fingers crossed, but I think we are finally close to putting this behind us and moving on.

Finally, most indications coming out of the ANG Readiness Center is that we will begin this next FY under a Continuing Resolution (CR). I will push out more information as it becomes available, but expect the normal fiscal challenges associated with this.

Enjoy the upcoming fall weather and have a great drill weekend.



# CHAPLAIN'S CORNER

**By Maj. Gabriel Casciato**

*Chaplain, 132d Wing*



Catholic Mass—Saturday UTA @ 1500

Protestant Worship—Sunday UTA @ 1100

They say that a picture is worth a thousand words; so here is a picture for you. An unnamed 24 year old man failed to stop when he was pulling into a parking spot. But this time there was no grating from the concrete. The parking spot was on the roof of a nine story parking garage in Austin, TX. The man avoided what would surely have been a horrific experience because one of the protection wires wrapped around and axle and left the car hanging in the air. The man was not injured. He was able to climb out the sun roof and was helped back into the garage. Apparently what happened was that he hit the gas instead of the brake.

When I first saw this I rolled my eyes and remembered a high school friend who took out her garage with the same mistake. I was feeling pretty good about myself for not having made this mistake until I remembered a high school girlfriend. You see, we had been dating for quite a while. It became obvious that the relationship was unhealthy but I had so much invested in it, I couldn't bring myself to hit the brake. And I often hit the gas instead until it ended in a fairly spectacular fashion.

When I see this car dangling I find myself thinking that in life we often make mistakes. But we so often fail to admit that they were mistakes. We play them off as not so bad. Or we envision the time when the mistakes will actually end up changing into good things. Sometimes we even say, "Hey, I like hanging off buildings." So often we cling to our mistakes, rather than just admitting they were mistakes and climbing out of our sunroofs and making sure the cops know not to tell the media our names. In the old days this was called repentance and it was a key component of most religious traditions. But it's also just common sense. Don't hang on to mistakes just because you spent a lot of time or money making them. Don't lie to cover up mistakes just because you are embarrassed. The best time to climb out of your sunroof is the moment you realize you are dangling off the building. Get honest. Get help. And get out!

And as always, if you need help, your Chapel team is here to help.

Ch C

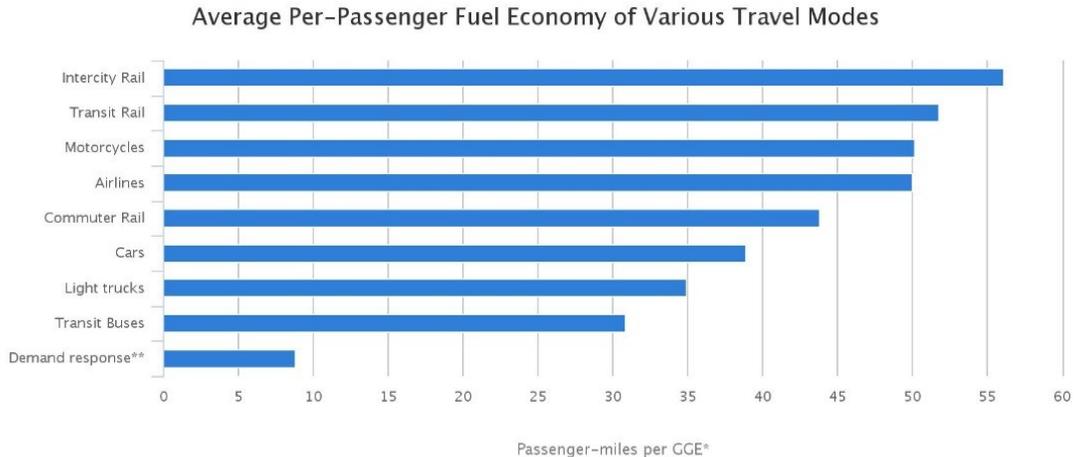


<http://www.reuters.com/article/us-texas-parking-idUSKCN11F2VP>

# ENVIRONMENTAL

In the 1920's, 90% of all trips in the United States were made by rail.....and then we changed our mind.

According to the U.S. DOE, rail is the most energy efficient mode of transport.



The U.S. public transit system was once similar to other developed nations (see link to European Rail Map below with popular transit times). The U.S. system now is 2/3s of what it was in 1930 and a little over 1/3 of its peak in World War II. Challenges for reinvigorating the U.S. Rail system is multifold, but initiatives are underway. Following are some links of interest with respect to the current state of Rail in the U.S.

<http://inhabitat.com/what-happened-to-los-angeles-streetcars/>

<http://www.eurail.com/plan-your-trip/railway-map>

<http://www.afdc.energy.gov/data/>

<https://www.fra.dot.gov/Page/P0060>

<http://www.forbes.com/sites/danalexander/2014/03/27/the-most-efficient-mode-of-transportation-in-america-isnt-a-prius-its-a-train/#80d53a517445>

# SOCIAL MEDIA

Show off your 132d Wing pride by following us on our different social media accounts. Tag us in appropriate photos or tweets and like and retweet ours. It's a good way to see the past and present and knowing events for the future. Don't forget your OPSEC rules. **If you have any memories you'd like to share from the past 75 years be sure to use tag us @132dwing with #132dWing75yrs**

"Like" us on Facebook at [www.facebook.com/132dWingDesMoinesIowa](http://www.facebook.com/132dWingDesMoinesIowa)



Follow us on Twitter at <https://twitter.com/132dWing>



Follow us on Instagram at <https://instagram.com/132dWing>



Visit our Youtube page at [https://www.youtube.com/channel/UCUdb6J0A4B4r2C99mYW7\\_BQ](https://www.youtube.com/channel/UCUdb6J0A4B4r2C99mYW7_BQ)



# SAFETY



## Improving the Unit Process Operations: Safety



### October Safety Focus Area

#### Deer Safety Month

5 tips when encountering deer:<sup>1</sup>

1. Never swerve to avoid a deer
2. Don't rely on hood whistles
3. Slow down and flash your lights
4. Try to release the brake at impact
5. Watch for the shine of eyes along the roadside



<sup>1</sup> geico.com <sup>2</sup> drivingambition.com



Deer rut runs from October through early January, and during this time they tend to be highly active and on the move.<sup>1</sup>

Deer normally travel in groups, if you see one expect more to come!

Nationally, collisions between deer and vehicles cause some \$1.1 billion in vehicle damage, kill 150 people and injure another 29,000 people every year.<sup>2</sup>

In 60% of the accidents involving fatalities with animal-vehicle collisions, the fatality was caused not by the collision with the deer, but failure to wear a safety belt.

# JOB OPPORTUNITY

132d Wing Members,

A future First Sergeant opportunities exist in the 132d Cyber Operations Squadron.

Applicant Responsibilities:

1. Ensure you meet the below minimum qualifications to be considered for meeting the board.
2. Submit the following documentation to the Force Support Squadron to be considered for the First Sergeant Selection Board
  - a. Letter of Intent (132 FW Sup 1 to AFI 36-2113, Attachment 4)
  - b. First Sergeant Applicant Eligibility Checklist (DSM Form 20)
  - c. Report of Individual Personnel (RIP - available via vMPF)
  - d. Current physical fitness assessment report - Must meet eligibility requirements of AFI 36-2113 for 8F000 SDI (Last two must be greater than 80 or last one greater than 90)
  - e. Current military resume (per AFH 33-337 Tongue and Quill)
3. Ensure your request is received by CMSgt Kiser, on or before the closing date. A detailed position description and more information can be found in AFI 35-2113.

Position: First Sergeant, SDI 8F000  
Announcement Date: 21 June 2016  
Closing Date: 18 September 2016  
Boarding Date: October UTA

# PEOPLE

## Promotions

LtCol	Simpson, Micheal	8-Sep-16
TSgt	Johansen, Erik	1-Oct-16
SSgt	Coo, Allison	1-Oct-16
SSgt	Closser, Lincoln	1 Oct-16
SrA	Anderson, Garrett	1-Oct-16
SrA	May, Chelsea	1-Oct-16

## Moving In

SSgt	Jay, Jason	FSS	8-Sep-16
SrA	Smith, William	132 ISS	12-Aug-16
A1C	Merrifield, Scarlett	132 MDG	10-Aug-16

### *The Airman's Creed:*

*I am an American Airman.  
I am a Warrior.  
I have answered my Nation's call.*

*I am an American Airman.  
My mission is to Fly, Fight, and Win.  
I am faithful to a proud heritage,  
A tradition of honor,  
And a legacy of valor.*

*I am an American Airman.  
Guardian of freedom and justice,  
My Nation's sword and shield,  
Its Sentry and avenger.  
I defend my Country with my life.*

*I am an American Airman,  
Wingman, Leader, Warrior.  
I will never leave an Airman behind,  
I will never falter,  
And I will not fail.*



**Members that have achieved a 90% or above on their CDC/PME test:**

SSgt Samuel L. Holland

**Congratulations!**

# MEDICAL NOTICE

As we prepare for the upcoming Flu season the MDG would like to make each of you aware of the changes below:

First of all, this year the DoD WILL NOT be administering the FluMist. The MDG has submitted a request for the Injectable Influenza Vaccine and we will begin administering once received.

Secondly, if you receive the FluMist on the civilian side it WILL NOT COUNT as your Flu Vaccine for the year and your IMR status will remain Red until the Injectable Influenza Vaccine is received.

This is based of guidelines pushed out by the CDC, and DoD. Questions can be directed to the MDG.

# E-BULLETIN BOARD



## 2016 Wellness Calendar



September	October	November	December
<i>Suicide Awareness Month</i> Stress Management/Balance Your Thinking  TAG Fun Run 21 September	Money Talk- how to communicate money issues with your partner  TAG Fun Run 19 October Trunk or Treat	Retirement Planning TAP Pre-Separation Counseling  TAG Fun Run 16 November	The Good and Bad of Anxiety and How to Make it Work for You  TAG Fun Run 21 December Community/Wing Holiday Party

Chapel Services: Catholic Mass- Saturday 3:00pm Protestant Service- Sunday 11:00am

Health & Wellness Class: Sunday 1:00 & 2:00pm, BX gym

Programs available to you all year round! Take advantage of some of the free programs listed as they become available to you and your family. Topics will be discussed Sunday of UTA at 12:30 in the Chapel. For more information or if you would like a certain topic to be covered, contact the 132<sup>nd</sup> Wing Airman and Family Readiness Office (515) 261-8786.

## DFAC LUNCH MENU

Saturday		Sunday	
1-Oct		2-Oct	
1100-1300		1030-1230	
Saturday Main Line	Saturday Short Line	Sunday Main Line	Sunday Short Line
Hungarian Goulash Lemo Herb Chicken	Walking Taco Bar	Mexicana Pork Chop Chicken Enchilada	Chili Dog
Rice Pilaf	Mexican Rice	Mexican Rice	Skinny Fries
Baja Chicken Soup	Baja Chicken Soup	Pablano White Cheddar Soup	Pablano White Cheddar Soup
Asparagus Cauliflower		Brussel Sprouts Mexican Corn	
Rolls		Corn Bread	
Brownies	Brownies	Cookies	Cookies

Entrée comes with side, dessert, salad bar and beverage. Non-AGR Enlisted meals are at no cost.

Officer/AGR/Civilian meal cost is \$5.55

# PSYCHOLOGICAL HEALTH

## Big 4: Visualization

**Jenny Schoer, MSW, LISW**

*Director of Psychological Health, 132 Wing*

Last month I referenced the significant impact learning the Big 4 can have on your performance sustainment and mental fitness and I covered the topic of Goal Setting. This month I want to further explore visualization. First it's important to note what visualization is; visualization is visualizing in your mind the event to come. Visualization is important as research has shown us that it improves concentration, lowers anxiety, increases self-confidence and can even lead to stimulating muscle groups as if you were engaging in the activity.

Some basics of visualization include visualizing in your mind the event and ensuring vividness by utilizing all your senses to include imagining the sights, sounds, smells, touches and even tastes if they apply. So next time you have an upcoming presentation or event which you feel nervous about, try visualizing the event several times in the weeks prior.

If you want more information on goal setting or assistance with setting some SMART goals of your own, don't hesitate to contact me at the DPH office, Jenny Schoer 261-8212. [Jennifer.l.schoer.civ@mail.mil](mailto:Jennifer.l.schoer.civ@mail.mil)

## The Air Force Wants Your Feedback on Green Dot Training

As mentioned during your Green Dot Training, the Air Force wants your feedback on the program. If you would like to give feedback you can utilize the following link or barcode scan to access a 2 minute survey.

[http://usaf.az1.qualtrics.com/SE/?SID=SV\\_1MScOEIJLAUUVJr](http://usaf.az1.qualtrics.com/SE/?SID=SV_1MScOEIJLAUUVJr)



"I am only one,  
but I am one.  
I cannot do  
everything, but  
**I CAN DO  
SOMETHING."**

— Edward Everett Hale

## OCTOBER UTA EVENTS

- 1 Oct, 0900 Ribbon cutting for bldg. 430
- 1 Oct, TAG Town Hall 1500-1600 Wing Clsrm
- 2 Oct, PR, TSgt Rohmiller to MSgt, 1500 Wing Class Rm
- 6 Oct, CFC/Commanders Call DFAC
- 13 Oct, ESGR Day
- 15 Oct, Veterans Appreciation Tailgate, Kinnick Stadium Press Box, 1030-Victory
- 18 Oct, Red Ribbon/Chili cookoff/Speaker
- 19 Oct, TAG fun run
- 21 Oct, Coffee Club, 0900 DFAC

## BEER OF THE MONTH

We will feature a different homebrew tasting on tap at the Snakepit Lounge the day before drill weekend. Donations to cover the cost of materials are welcome; all profits will be donated to the Snakepit.

**Friday, September 30th, the Featured Beer is: Oktoberfest**

# SAPR CORNER

## Gold Star Day; in the past left out fathers, while rape, left out men



**Ann McMillan,**

*SARC, 132d Wing*

The last Sunday of September was “Gold Star Mother and Family Day”. Prior to the passage of Gold Star Fathers Act of 2015, mothers of certain permanently disabled or deceased veterans were eligible for certain veteran’s preference (<https://www.congress.gov/bill/114th-congress/senate-bill/136/text>). With the passage of Gold Star Fathers Act, those same benefits are now available for fathers of certain permanently disabled or deceased veterans. This is a welcome change, since it now includes recognizing and honoring fathers for their supreme sacrifice.

The inclusion of fathers in this Gold Star Day also provoked thoughts about what other improvements have been made to include, recognize and support men. One of these was a 2012 update on how rape is defined. The change expanded the definition of victims of rape to include males and the types of sexual assault that will be counted in the Federal Bureau of Investigation’s [Uniform Crime Report](https://www.justice.gov/opa/pr/attorney-general-eric-holder-announces-revisions-uniform-crime-report-s-definition-rape). Statistics that were reported in the past nationally were both inaccurate and undercounted (<https://www.justice.gov/opa/pr/attorney-general-eric-holder-announces-revisions-uniform-crime-report-s-definition-rape>). These inaccurate and undercounted numbers affected how and who were identified as victims of this crime. It created confusion and interfered with peoples understanding of who victims are, causing negative impacts to inclusive care and support for male victims.

These new changes are more inclusive and better reflect the realities of the world we live in. Vice President Biden stated, “This long-awaited change to the definition of rape is a victory for women and men across the country whose suffering has gone unaccounted for over 80 years.”

The Gold Star Fathers Act of 2015 is also a victory, “It is because of [our Gold Star families] selfless character and unflinching grace that Americans can come home each day, gather with family and friends, and live in peace and security.” (<https://www.whitehouse.gov/the-press-office/2016/09/23/presidential-proclamation-gold-star-mothers-and-familys-day-2016>).

They deserve our care and support.

132d Wing Care Team: Ann McMillan, SARC 261-8207; Ashley Woods, AFRPM, 261-8788; Jennifer Schoer, DPH 261-8212; Chaplain Doty 261-8215

Confidential crisis intervention, support and information to members of the DoD community who have been sexually assaulted. Work: 261-8207 - Local 24/7 sexual assault response: 515-371-2743; 24/7 online help: [www.Safehelpline.org](http://www.Safehelpline.org) or call DSN: 877-995-5247- Commercial: 94 877-995-5247; Text: 55-247 (inside the U.S.) 001-202-470-5546 (outside the U.S.)

# SAPR CORNER

<http://www.afphoenixcriminalattorney.com/disabled-veterans-scholarship>

<http://www.ccmeonline.org/scholarships>

<http://studentveterans.org/programs/scholarships>

<http://www.amvets.org/amvets-in-action/scholarships/>

<http://www.naus.org/membership/member-benefits/naus-scholarship-program/>

<https://www.vfw.org/scholarship/>

[https://www.petersons.com/scholarship/usaa-scholarship-111\\_172476.aspx#/sweeps-modal](https://www.petersons.com/scholarship/usaa-scholarship-111_172476.aspx#/sweeps-modal)

<http://www.nmcrcs.org/pages/education-loans-and-scholarships>

<http://purpleheart.org/Scholarships/Default.aspx>

<https://www.aerhq.org/Apply-for-Scholarship>

<http://www.thanksusa.org/scholarship-program.html>

<http://militaryscholar.org/>

<http://www.afcea.org/site/?q=foundation/scholarships>

[https://borenawards.org/boren\\_scholarship/basics.html](https://borenawards.org/boren_scholarship/basics.html)

<https://www.scholarships.com/financial-aid/college-scholarships/scholarships-by-type/veteran-scholarships/> this site contains numerous scholarships for veterans, spouses and dependents.

<http://veteransnetwork.net/directory.php> Veterans network is a list of Veteran organizations that can assist veterans in anything military, veteran related.

<http://benefits.va.gov/gibill/> Gi Bill site contains information on veteran benefits as well as Gi Bill specific information.

<https://va.iowa.gov/benefits/> Iowa specific information for veterans. Including grants, housing, loans, license plates, Iowa veteran trust fund and numerous other state specific information.

# 132D WING ABOUT ME: MSG –LRS

## Introduction to the Mission Support Group

**By Col. Monica Blakley**

*MSG Commander, 132d Wing*

Our mission is to develop increasingly proficient expeditionary combat ready forces while providing outstanding support capabilities that exceed expectations. We are unique in that we are made up of five separate and distinct Squadrons (plus Contracting) with many different Air Force Specialty Codes and skillsets. For the next few months each area will have an opportunity to “tell the story”

## Logistics Readiness Squadron

The primary mission of the Logistics Readiness Squadron is to provide flexible, timely and effective support to the warfighter.

The LRS is comprised of Fuels Management, Deployment and Distribution Flight, Material Management (includes Munitions Storage), Vehicle Maintenance, and Compliance.

Transit Aircraft Support has a 100% success rate in supporting over 120 aircraft and over 4000 passengers per year. The Fuels Management Flight issues over 20,000 gallons of ground fuel to base vehicles per year and its flight members also maintain proficiency for future deployments by training at other locations.

The Deployment and Distribution Flight consists of Traffic Management, Vehicle Operations and Contingency Plans. The Traffic Management Office is responsible for the receipt and processing of all inbound and outbound cargo for the base value of approximately \$15,000,000 per fiscal year.

Vehicle operations manages the on base vehicle fleet of over 30 government vehicles and the entire base military driver license program for over 500+ military personnel.

The Contingency Plans office orchestrates pre-deployment training, planning and support for the warfighter to deploy in support of named operations, as well as named exercises for the 132d Wing.

They are responsible for the accuracy and timely reporting of over 350 unit type codes (UTCs) equaling roughly 600 deployable personnel each month.

The Material Management Section manages approximately 30 wing equipment accounts valued at over \$10,000,000 and warehouses over \$1,000,000 worth of Air Force parts and equipment. They also store and maintain nearly 1000 unit weapons and store, test, and maintain approximately 30,000 line items of mobility equipment. In addition, they purchase, manage, and distribute all hazardous materials and unit clothing for the wing and order, manage, and track all RPA parts.

The Munitions Storage Area supports four Security Forces custody accounts, the Base Marksmanship team, and the Base Honor Guard. They currently store maintain, and inspect around \$500,000 of munitions assets.

Our Vehicle Maintenance Section maintains approximately 100 registered and 50 non-registered vehicles. This allows everything from mowing grass to loading aircraft to happen on the installation. Operations Compliance is the commander’s single point of contact for “health of the squadron” issues. Operations Compliance provides oversight of squadron compliance, annual inspection, self-inspection program, training resources, accountability, and analysis.



# FIRE PROTECTION



# FIRE EXTINGUISHERS

## 3 Chances for Hands-On Training

Sunday, October 9th @ 0900 hrs

Sunday, October 9th @ 1000 hrs

Sunday, October 9th @ 1300 hrs

### Location

The Alert Ramp

In front of Building 313



# SAFETY

# DON'T VEER FOR DEER



If a collision with a deer is unavoidable:

**DON'T SWERVE!**

Brake firmly and hold on to the steering wheel with both hands.

Come to a controlled stop.

Move the vehicle out of traffic to a safe location.



## Smoke Alarms at Home

**SMOKE ALARMS ARE A KEY PART** of a home fire escape plan. When there is a fire, smoke spreads fast. Working smoke alarms give you early warning so you can get outside quickly.



### SAFETY TIPS

- » Install smoke alarms inside and outside each bedroom and sleeping area. Install alarms on every level of the home. Install alarms in the basement.
- » Large homes may need extra smoke alarms.
- » It is best to use interconnected smoke alarms. When one smoke alarm sounds they all sound.
- » Test all smoke alarms at least once a month. Press the test button to be sure the alarm is working.
- » There are two kinds of alarms. Ionization smoke alarms are quicker to warn about flaming fires. Photoelectric alarms are quicker to warn about smoldering fires. It is best to use both types of alarms in the home.
- » A smoke alarm should be on the ceiling or high on a wall. Keep smoke alarms away from the kitchen to reduce false alarms. They should be at least 10 feet (3 meters) from the stove.
- » People who are hard-of-hearing or deaf can use special alarms. These alarms have strobe lights and bed shakers.
- » Replace all smoke alarms when they are 10 years old.

### FACTS

- ! A closed door may slow the spread of smoke, heat, and fire.
- ! Smoke alarms should be installed inside every sleeping room, outside each separate sleeping area and on every level. Smoke alarms should be connected so when one sounds, they all sound. Most homes do not have this level of protection.
- ! Roughly 3 out of 5 fire deaths happen in homes with no smoke alarms or the alarms are not working.



132nd Fire Emergency Services

DSN 2618754



Your Source for SAFETY Information

NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169

## Student Loan Forgiveness

**By Maj. Bret Lucas**

While the military offers many programs to pay for your education, many of you (or someone you know) may still have outstanding student loans. There are a number of options available to pay back your loans including student loan forgiveness in some circumstances.



### Public Service Loan Forgiveness

How it works: Your remaining federal loan balance will be forgiven if you work full time for a nonprofit or the government for at least 10 years. Qualifying workers include firefighters, teachers, military personnel and nurses, among others.

You will save the most money on Public Service Loan Forgiveness if you repay your loans on an income-driven plan for those 10 years. The program started in 2007, so the first Public Service Loan Forgiveness recipients will have their loans discharged in 2017. Only federal direct loans are eligible for the program, but you can consolidate other student loan types in order to repay them on Public Service Loan Forgiveness.

### Teacher Loan Forgiveness

How it works: Teachers who work full time for five consecutive years can have up to \$17,500 in direct or Stafford loans forgiven. The program is available only to teachers who work in low-income public elementary or secondary schools and who took out their first loans after Oct. 1, 1998.

### Perkins loan cancellation

How it works: Borrowers with federal Perkins loans can have up to 100% of their loans canceled if they work in public service jobs, generally after five years. Teachers, firefighters, nurses, police officers, school librarians and public defenders all qualify, among others. The Perkins loan teacher benefit has some specific guidelines. Teachers must work full time in a low-income public school or teach qualifying subjects like special education, math, science or a foreign language.

If you haven't already, take a look at your student loans to see if you qualify for one of these programs.

As always, if you have questions or need advice, please schedule an appointment with the Base Legal Office at 261-8507

